are given, thus assisting Us to expand the light of the world. We have gained Our eternal freedom by the use of the very same Laws and instruction which you are receiving in Our little journal and other literature. If you will apply them as *We did,* one day you, too, shall stand with Us in Our Realm of Perfection—God's Will for every one of His children. Believe Me, "the half has never yet been told" of all the perfection We experience and there are yet more perfect and beautiful Realms above Ours into which We shall one day proceed.

Declaration of Faith

I believe in the Universal "I AM" Presence which is the Source of all life and very essence of Divine Love—God in action, everywhere present!

I believe in the *individualized* "I AM" Presence of God, acting through the Holy Christ Self, focused within every human heart, through which the Will of God can manifest in the world of form!

I believe in the Immortal Three-fold Flame of Life—the perfect balance of Love, Wisdom and Power of the Holy Spirit, which is the animating principle of all self-conscious intelligence and anchored within every human heart!

I believe in the Universal Fatherhood and Motherhood of God, the Universal Brotherhood of man and in the fellowship and conscious communion with the Great Host of Ascended Masters Who comprise the Great White Brotherhood!

I believe in the eternal forgiveness and forgetfulness, through Divine Love and mercy, of all human transgressions against the Law of Life; the purification of the soul through the conscious use of the Violet Transmuting Flame and all other purifying activities of the Sacred Fire!

I believe in the Ascension in the Light in full Christ perfection through self-conscious mastery by Divine Love, of all substance and energy used in thought, feeling, spoken word and deed. This is the fulfillment of the Divine Plan and reason for my being!

I believe in life everlasting through this Ascension, in "The Light of God that NEVER Fails".

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume V SEPTEMBER, 1956 No. 6

LUCY

To the Cosmic Spirit of Truth to this Universe, as radiated forth from the Being of Beloved Vesta—We send Our love;

To the Cosmic Spirit of Truth to this Earth, as radiated forth from Beloved Pallas Athena—We send Our heart-call for Her increasing pressure and radiation of Cosmic Truth to and through the outer consciousness of mankind;

To the Chohan of Truth, Beloved Hilarion—We send Our gratitude for sustaining the Brotherhood of Truth at Crete!

Beloved Jesus has said: "You shall know the Truth and the Truth shall make you free". We now command, in the Name and by the Power of the Cosmic "I AM" Presence of this Universe, that such Truth be forthcoming and that this sweet Earth be raised, redeemed and be able to assume Her perfect God-estate NOW!

While the attention of The Spiritual Hierarchy and the chelas is upon the Presence of Truth in this Universe, We invoke the Holy Christ Self in every human heart to magnetize and radiate Cosmic Christ Truth to and through the individual and the mass mind as well!

LET TRUTH NOW BE KNOWN AND APPLIED IN THIS PHYSICAL APPEARANCE WORLD AND IN THAT APPLICATION GOD'S WILL SHALL BE DONE ON EARTH AS IT IS IN HEAVEN! SO BE IT!

THOMAS PRINTZ, *Editor*

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[redacted]

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The Homes and Retreats of The Masters of Wisdom

TEMPLE OF TRUTH—CRETE

(September 15th through October 14th, 1956)

The glorious focus of Cosmic Truth is anchored in the shining ethers over the Island of Crete. In form, it is not unlike the beautiful Greek Parthanon. From this Temple, Brothers and Sisters of Truth direct Their concentrated green Rays into the receptive consciousness of all those upon the Earth who are attempting either to teach, realize or manifest Truth.

The beautiful Pallas Athena, Goddess of Truth, is the Patroness of this Temple and Guardian Spirit of the Virtue of Absolute Truth. In ages past, Pallas Athena supervised the disciplines and preparations necessary for the development of the receptive consciousness of those lifestreams who were to be the "mouth pieces" of the Gods as the Virgins of the Oracles at Delphi and elsewhere. The beloved God-Mother of this universe, Blessed Vesta, conferred upon Pallas Athena this honor and service.

The great follower of Master Jesus (St. Paul) now known as Hilarion, is the present Hierarch of the Temple of Truth. His service is to direct the Ray of Truth to, through and around all sincere individuals who are consecrated and dedicated to spreading the message of the Spiritual Law . . . as they presently see it.

As searchlights comb the heavens above an airfield, so do the green Rays of Truth comb the Earth's atmosphere from this focus and find anchorage—through the power of magnetic attraction—in the consciousness of those who sincerely desire

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more light upon a subject, religious or secular. These Rays of Truth pour out as impersonally as the rays of the physical Sun and bless all evolutions belonging to the Earth. However, there are Directed Rays from the Brothers and Sisters at Crete which specifically envelop with more than ordinary power the earnest exponent or seeker of Truth on Earth.

Every great Avatar, Messiah and Teacher of every religion on Earth belongs to this Temple and gives to it some of His or Her time and radiation, just as doctors give of their time, skill and energy to a free clinic in their vicinity. Thus the power of the Temple of Truth embodies the combined radiation of all God-free Beings Who have brought the Law to the people of Earth through the ages.

While the *physical* bodies of mankind sleep, many visit this Temple in their *finer* bodies and literally "sit at the feet of the Masters".

With the added radiation of Cosmic Truth which will be set into motion in January of 1957 (when Pallas Athena becomes one of the Sponsors of the year), much more Truth will enter into the minds and worlds of men.

The glorious Brotherhood at Crete wear garments of white, banded at the hem of their robes and on the sleeves with varying shades of green, depending upon Their spiritual status and particular service.

Constantly, throughout the year, great Teachers speak from the Temple of Truth to those who find their way thither.

(NOTE: For further description of the Temple of Truth, please see The Bridge to Freedom, Vol. 2, No. 7, 1953; Vol. 3, No. 4, 1954; Vol. 4, No. 1, 1955.)

An address by

BELOVED HILARION

June 28, 1955

Friends of God, of Light and of Life! You who, by your very presence here, have shown a deep and abiding sense and feeling for the Presence of Truth, I greet you on behalf of the beloved Brotherhood at Crete and Myself. I also greet you in the Name and the Grace of the Ascended Jesus Christ, by Whose Presence, Example, Virtue and Nature, I was enabled

in Myself to sublimate and renew My soul and enter into the Realm of Perfected Beings, where I now abide. From thence I have pledged Myself to send My service, radiation and Presence whenever possible, to assist any member of the race to know Truth—if they so desire It.

For the most part, mankind are not much concerned about Truth. They are eager to have a confirmation of those concepts which they have evolved; which are comfortable and seemingly pleasant to live with. For the most part, mankind prefers the "vicarious atonement" and the presence of Truth is not always welcome when it shakes the concepts of the ages and causes a certain discomfort which always comes about with change. Brave is the man and strong, sincere in heart, earnest in purpose, who desires to know Truth and will have no traffic with confirmation of the very errors which are externalized in the individual and collective worlds as manifest distress.

It is self-evident to the thinking individual that if any one were possessed of the *fullness* of Truth within himself, that Truth would have set him free by its application to his own life's experiences. Thus he would have fulfilled the statement of the Master Jesus; "You shall know the Truth and the Truth shall make you free". The etheric, mental and emotional bodies of mankind have been exposed to religions, sects and isms of many kinds all through the ages for the receptivity of his soul, in an endeavor to produce a perfect pattern for man's consciousness to outpicture. It is only when that man or woman comes to a point where they do not desire confirmation of pre-conceived opinions but desire the pure light of Truth, that Our Brotherhood, the Beloved Pallas Athena and Those Whom We represent, can give the Cosmic assistance to set such ones free.

I bring to you today the Presence and pressure of Cosmic Truth. As It comes within the atmosphere of this room and passes through your emotional, mental, etheric and physical bodies, It will dislodge and remove a great deal of the accumulation of error of which your outer mind is not even cognizant. In the future, I am sure you will be amazed at the clarity with which you will be able to proceed in your contemplations and applications, if you can accept Our Presence, Our power and Our gifts today. Just please feel for a moment

that same living white fire which was the gift from the Holy Spirit to the disciples that first Whitsuntide, surging through your four lower bodies and let go! LET GO! LET GO! In the Name of the Ascended Jesus Christ, LET GO of that which binds you. Thank you, beloved ones, for your acceptance.

Even in the world of unascended beings, when an individual asks another for the Truth, that Truth is very seldom welcome. Beloved Goddess of Truth (Pallas Athena) Who will speak to you this morning following My address, the Goddess of Justice and the Goddess of Purity (three of the most magnificent Beings in the heart of Heaven) receive very little magnetization from the Earth plane. You see, people are afraid of Justice; they are afraid of Truth and of Purity. Through your decrees and calls for the removal of doubt and fear from the present consciousness of mankind and through the removal of much of that substance so qualified from the past, We are hoping that These Goddesses may be able to release to you that very pressure of Their Flames which *can* set you free if you will accept them and that, in the future, They may be more welcome in the consciousness of the mankind of this Earth than They have been in the past. The Goddess of Mercy, the Goddess of Love, the Goddess of Beauty,—These are welcomed and sought after. However, the Virtues of Truth, Justice and Purity are most essential to progress. Those Virtues and Their activities and the Beings Who represent Them would long since have retired from the atmosphere of Earth were it not sometimes for a single lifestream who, during an entire embodiment, kept an anchorage on Earth of Their Presence through contemplation and application. In this way, such individuals kept a thin line of light sustained between this Dark Star and that Realm of Light Eternal where These Goddesses abide.//

At the magnificent Teton Retreat, the Great Karmic Board now sits and there is being shown upon the Cosmic Screen for the Assembly at the present Conference, the magnificent endeavors in which you are engaged nightly. This is proving to the Karmic Board *what unascended beings can do* in the activity of projected consciousness, sincerity of heart and the combination of vision, feeling and release of physical energy. It is a magnificent thing, beloved ones. It is a new facet in Beloved Morya's presentation to the Karmic Board of that

which unascended beings can do and it has stirred Them deeply. During this Conference, you are engaged in calling for the purification of the various continents, seas and atmosphere of Earth, as well as calling for the removal of the destructive qualities which are presently active throughout the entire race in the psychic and astral Realm. Besides that activity, the Great Ascended Masters and the Angelic Host Who work with you, have set up an entire twenty-four hour constant repetition of your decrees which will not cease until the full completion of that purification has taken place. Thank you for believing this is possible. You see, unascended mankind, just by themselves, could never accomplish the great task of purifying the entire psychic and astral creations which have accumulated through the ages but they can "press the button"; they can set into motion through their own bodies and very selves, activities which We are then allowed liberty to continue because individuals like yourselves who belong to the plane to be purified, have taken the initiative and have cut the path, so to speak, by their own bodies and soul's light.

Discrimination necessary Always to recognize Truth

The pattern of the class designed around the activity of Grace brings to mind so forcibly My Own experience. Lord Maitreya, the Beloved El Morya and All Who are connected with the addresses, suggest always that We weave into Our informal talks enough of Our Own personal experience so that you may realize that the development of the soul-light—the happiness as well as the struggle— are not yours alone but have been passed through by everyone Who has returned to the perfection of His God-estate in the victory of the Ascension, through self-conscious application.

It is easy *now* to look back upon the Christian Dispensation. So many hymns have been written about the individual *who would have stood* by the Master Jesus if they had been there with Him at that time. The glamour of the centuries has made of Him a figure easily discernible among the masses who lived and walked the Earth in His day. However, speaking as One Who was there, great is the discrimination; great is the discretion required to recognize a Cosmic moment *at Its hour of expression.* Small is the virtue of the man who discovers it

only when the blazing meteor has passed through the sky and disappeared into the farthest recesses of the Universe. *I know—for I was such an One!*

At the time of Jesus, I was embodied as Saul of Tarsus, afterward known as Paul. I was schooled in every department of Biblical lore; able to recite the Scriptures by heart; knowing every prophecy of Isaiah, Jeremiah and the others; a member of that proud and arrogant Sect *who knew* that the Messiah would come to the "chosen few" and be among the priesthood —*yet, this was not so!* I remember well discussing often as We did, the coming of the Messiah, for Jerusalem waited earnestly for that Messiah and we had waited, I think, overlong. We, the scholars, would think upon the Scriptures and ponder over them. Remember, too, that at that time we had many, many individuals who had "Messiah complexes" through all those centuries—fanatics who had bands of followers and whose works were but ash. So, among the intellectuals, there came a certain protective shell of reason so that we should not be deceived by the fanatics of the hour. I remember well donning my silken robe one day, perfuming my hands and putting on my jewelry to investigate the "ravings" of a man in the wilderness who was proclaiming the coming of the Messiah. I remember walking with some personal displeasure to the outskirts of the crowd and looking upon the uncouth figure of John, the Baptist. Convinced within Myself that Our King of the House of David should have no such precursor as that rough man, my feelings recoiled. I could not see through that "garment". I confess, I never looked upon the physical Presence of Jesus because I had not taken John at his true value and had not known his worth.

Personal Awakening to the Christ

Mercy was good to Me! As I continued upon My self-righteous path of wiping out what I considered fanaticism (and in duty destroying even life) mercy was good to block My way. Mercy was good to open My consciousness and My sight to the living, breathing Christ on that Road to Damascus. *Think you who are called upon to change your nature that I do not know what that means?* A proud man in silken robes, riding in state, filled with self-conscious righteousness,—then

suddenly humbled in the dust before the Presence of a Being Who had lived in My land in My time and Whom I had not known! Think you that to change that course of a life was easy?

Even after that magnificent Visitation—well, no one but Myself could ever know what I went through! Finally, I was taken to the community of the Beloved Mary and there I spent some stormy years. First I was filled with remorse and then resentment tinged with pride—to think that these men and women of humble birth with work-worn hands could speak so easily and freely of the days and nights spent in the Presence of the Master Jesus; to think that I Who could recite the Scriptures by heart had to listen to them and hear second-hand the story of the Messiah! It was Mary, the Holy Mother, Who saved My sanity in that time, by that Grace of which Her Son has spoken so often. It was Mary Who taught Me the path of Divine Love. It was Mary Who taught Me that which I have written; that which you will find in My letters in Biblical text.

I wrote that the greatest of all things is Love because I knew that was so—having had the least of it among all that assembly. It was the Holy Mother Who gave Me that consciousness of Divine Love which enabled Me to go forth and be a missionary *in feeling* as well as in fact.

You who are receiving this instruction now are favored above all men,— *for you live in the hour of your Master!* You need not look back and say: "If I had been there . . . ." *You are here now,* giving these decrees, sometimes despite the contradictions of reason. At least, what you have done has been within the Cosmic Hour *and not too late!* Remorse is one of the greatest hells of experience and I am grateful that you will not have to know it. It is to spare mankind such remorse that We come to the skeptics, the agnostics and those who have been disillusioned in the past. We try to bring faith, courage and confidence to them wherever it is possible so to do, so that when mankind enter the Karmic Halls, and look back upon the life they have lived, they will not have to say: "It might have been"!

Persevere, *persevere* beloved ones! As One Who knows, I can say to you—persevere in love and you shall wear the Crown of Victory and the White Garment! Thank you.

Rays—July '74 Bridge

Rays—July

An address by

BELOVED PALLAS ATHENA

June 28, 1955

Hail, beloved children of Earth, of Light and of Life! I bring you greetings from the Karmic Board and commendation from Our August Assembly on behalf of all mankind whom you benefit by impersonal service to life. In the days, years and centuries which have been, mankind have worked locally, perhaps, in spiritual endeavors, but to work cosmically while yet in unascended bodies is a cause for great commendation and blessings by the Law. Your endeavor to bless, purify and raise the vibratory action of the Earth at this time is magnificent and has merited great reward because it allows Us to apply to a Higher Source for the release of dispensations on behalf of the race.

The ultimate Authorities (Helios and Vesta, so far as the Earth and the planets belonging to this System are concerned) have now applied to Alpha and Omega of the Great Central Sun Itself, for Their Cosmic assistance as well as to all the Universes above the Earth and the Sun of our System. These Beings have responded. This means that, at this particular time, there comes to the Earth not only the radiation and blessings from these Higher Spheres, *but the actual Visitation of these great Beings Themselves* Who are assisting!

Now, between each of your Systems, blessed hearts, there is a great "band" (shall we say) of light. It is the periphery of each entire System. Except during certain Cosmic Cycles, even Ascended Beings do not travel between Systems. Those Intelligences from the Realm of Helios and Vesta and the planets of this System do travel in interstellar space. However, unless highways are allowed to be purposely opened by some Cosmic Dispensation, the Intelligences from Superior Universes do not enter into the activities which engage the consciousness and concern of a specific planet or a specific series of planets with Their Sun Gods and Goddesses. On the other hand, whenever We find sufficient cause presented impersonally to Us to apply for greater light, We can send Our calls above through Helios and Vesta, receiving on the return current whatever the Central Sun of the System feels It can allow in

the way of sending Messengers, Angels, Devas or purifying powers to amplify the endeavors which We feel deserve more help.

We have received that commendation and that promise of assistance in this early part of Our Half-yearly Council here at the Teton this year and it is very much to your credit, individually and collectively, that We were able so to do.

Truth Ruled Here Long Ago

I have come to know you better in these last few years than I have known some of you since Lemuria. In the early days, before the Planetary Law opened the Earth to souls who had both light *and shadow* within them, every man, woman and child was able to see Me clearly, speak with Me and receive counsel. Thus We had a very close comradeship upon the planet Earth at that time. After the creation of the maya by the discordant thoughts and feelings of the people who had begun to forget their Source (the Truth of their being), the "human veil" was formed inside the physical brain. This began to make our forms less distinct to the physical sight of the people until We were just outlines and our features were no longer distinguishable. Finally, even the outlines disappeared and We remained only in memory, fable and myth. That passed down from age to age, revivified often by various Sects of one kind or another Who desired either to utilize Our energies honestly, or who desired to further Their Own ends by professing to represent Us.

Among all those Ascended Who have loved the Earth, I think I have been most misrepresented. I think there have been more men and women walking the planet Earth crying "This is Truth" than there have been men and women doing any other thing. Now, again, thank God, I can take your hand and walk with you and, with the help of God, through you give man the Truth which will set him free!

You are working today on the dissolving of gossip, lies and malicious slander—*everything which is an untruth.* Beloved ones, I want you to think deeply upon this and make it mean more to you than just today's activities. I want you to think upon what I have to say as being applicable not only to your decrees *but to your daily living.*

What you plant in the mind of another, and then what grows there as a result—the fruit and the harvest of that are your karma! Whatever word passes from your lips that pollutes the consciousness of another is a sin. This is so even if it is based on so-called fact and whether or not it is spoken in inuendo or outright accusation. Why? Because you thus add to the shadows of the world and you are not speaking Truth! The Truth about every man, woman and child on this planet *is only good.* Whatever imperfection in another you see with your eyes or hear with your ears and then pass on to someone else will make you responsible to the Great Cosmic Law and you will have to pay for that in some way, believe Me!

In the use of your Violet Fire (Mercy's Flame), transmute all discord into light and do not create more distress than is already apparent here. I am being very positive in speaking of this to you today, for I have seen more lives ruined, more light dimmed, more inharmony created, more dissention brought about by gossip—individuals carrying imperfection from ear to ear, from mouth to mouth and on the written page. This has been the destructive element in every co-operative endeavor which has ever been on this planet Earth since the fall of man. No matter what the appearance may be—if one individual is strong enough to do so, *he can,* within himself, transmute that appearance into light by calling into action the Violet Flame through all concerned with it; not allowing it to cloud the consciousness of many. Gossip has been called a "venial sin". Some of the souls of men who have lain in the "Sleepers' Realm" for thousands of years were driven there by slander and gossip. I shall not describe to you the thought-form which is behind it, nor go into further detail concerning it, but I plead with you! Lend not your ear, your tongue, your mind or your feeling to that subtle enjoyment of sharing the failings of another, *because it is not true!* In the Name of Almighty God, how is mankind going to ascend into Perfection if those who profess to be the vanguard who are attempting to bring that perfection on Earth still look upon each other who seem to be in error and confirm that error by acceptance? "It is not true" should be the strong, determined fiat—silent if necessary and audible when discretion allows. Then, positively decree in its place the Truth you want to manifest. Instead of

(*Continued on page* 16)

THE MASTERS OF WISDOM SPEAK

ON: RELEASING THE GOOD OF YOUR CAUSAL BODY

MAHA CHOHAN:

As soon as the Individualized God-Flame is projected forth from Its Creator, can realize Itself and feel the "I Am" identity, such an One begins to create certain momentums of qualified energy which form a spiritual aura around It. This aura increases in size, power, virtue and radiation as the Individualized "I Am" Presence continues to draw life from Its Source and experiment with the creative centers of thought and feeling. This spiritual aura is known as the Causal Body of the "I Am" Presence. Every Individualization of God has a distinct, different and yet wholly beautiful expression of such glory around It, determined by Its use of life and the particular avenue of service to which the Individualization of God has devoted Itself. This spiritual aura is the expression of the Holy Spirit in, through and around the "I Am" Presence. The requirement of the hour is to purify the four lower bodies (physical, etheric, mental and emotional) of all the evolutions belonging to the Earth, so that the glorious momentums of the Causal Bodies of unascended lifestreams can pour forth Their gifts and blessings to the race, *through the outer selves* of mankind.

EL MORYA:

It is the Will of God that the glorious gifts, talents, momentums and powers gathered by the "I Am" Presence of every unascended lifestream be released through the Immortal Victorious Three-fold Flame of God anchored within the physical heart. It is the Will of God that each student upon The Path purify his four lower bodies and allow the natural release of his gathered momentums of good to flow forth, into, through and around the personal self for the blessing of all life. To this end, We presently are securing every assistance from Heaven and from chelas on Earth who are also interested in seeing God's Will done for this sweet planet now!

KUTHUMI:

The Causal Body of each individual is builded through aeons of time, even before the "I Am" Presence of such an individual chose to take physical embodiment. Then, in every Earth-life, all the energy used constructively was also raised into that Causal Body, and thus contributed to the ever-expanding glory of that Body. It is the process of "laying up treasures in Heaven" of which Beloved Jesus spoke. The "I Am" Presence of each lifestream uses this battery of spiritually charged, qualified and gathered momentums of energy to contribute to creation at Cosmic levels. When the unascended lifestream becomes aware, even intellectually, of the "I Am" Presence and makes application for the use of the momentums of his own Causal Body, that one's Presence is happy indeed. Then there is set into action the process of purifying and sublimating the energies of the lower nature (four lower bodies) so that the Causal Body's gathered momentums of perfection may release it, through and around the outer self.

PAUL, THE VENETIAN:

Within the physical heart is the Immortal, Victorious Three-fold Flame of God, an actual projection of the Immortal Flame within the heart of each one's own "I Am" Presence. As the student turns to his own "I Am" Presence in love, sincerity, humility, reverence and gratitude, he naturally begins to draw more light into his outer self, through the Silver Cord which connects the Flame within his heart with that of his "I Am" Presence. This added light increases the size, power, efficacy and radiation of the Flame within his physical heart. Then through the Silver Cord, the "I Am" Presence begins to rhythmically release the powers of Its own Causal Body. Each one of the student's four lower bodies is carefully tested to see how much of this added power and energy it can assimilate, harmoniously control and radiate *constantly*. The "I Am" Presence, with the assistance of the Holy Christ Self, acts very

wisely in allowing Its release of added energy and power to the outer self. As a man tests the strength of a plank before putting his weight upon it, so do the "I Am" Presence and Holy Christ Self release a little added understanding, power and energy at a time. Then they "test" the capacities of the four lower vehicles and the outer consciousness to use them wisely; to guard them well and to sustain their action by self-control. If the chela proves himself capable of harmoniously sustaining and using such a release, the next rhythmic outpouring will be greater. If the chela's lower vehicles and outer personality can not or will not in grace and reverence, accept the responsibility of such added gifts, the "I Am" Presence must wait until such time as purification of those bodies has taken place and the sublimation of the soul, selflessness of the personality makes the conditions possible for the gradual but steady externalization of the glory of the Causal Body through such an one.

SERAPIS BEY:

The subject chosen by Our Lord Maha Chohan for this issue of The Bridge to Freedom is the development of the receptivity of the outer self to receive and externalize the Causal Body. This is a subject dear to My Heart. As Beloved Jesus said: "ye cannot place new wine in old bottles", so I say that you cannot magnetize and radiate the gifts of your own Causal Body until you have purified the energies of your four lower bodies. When this purification has taken place, the natural activity of your own "I Am" Presence (through the kind offices of the Holy Christ Self within your heart), will be to channel through your Silver Cord into the Flame within your heart, those gifts, powers, momentums and talents (the previously gathered momentums of good of your own lifestream) which you, and you alone, can release to bless this Earth. Purification takes place through the conscious determined, persistent use of the Violet Transmuting Flame and other purifying powers of the Sacred Fire which you have been taught. It also takes place through conscious sustaining of harmony in the outer self so that the dislodged, transmuted impurities are not replaced by more impurity generated through destructive use of the free-will. Some good students use the sacred fire but do not guard against the re-creation of similar discords. Others endeavor to maintain harmony but do not

utilize the powers of the Sacred Fire to remove the *causes and cores* of inharmony. BOTH exercises are essential to sustained personal mastery.

HILARION:

Even as no two snow flakes are alike in their beauty of design, so no two Causal Bodies of Cosmic Masters, Angels or men are alike. This is because free-will has allowed the Individualized "I Am" Presence to use life to develop any facet of God's Divine Plan. The activity which has taken the greatest amount of energy, attention, time, interest and service through the ages will create the largest band of color in the Causal Body and the various other activities which have also engaged some of the energies of the Individual will variegate the size of the other bands of color as well. Thus the beauty of diversification of expression is manifest in Heaven and will be manifest on Earth when man knows of a certainty that the Christ in every individual naturally, in time, will externalize the glory of his own Causal Body for the blessings of the entire evolution. The differences among the outer minds of men appear because of their seeming inability to cognize the TRUTH that the Holy Spirit (Nature of God) *is expressed in many ways*. As long as those ways are loving, beautiful, harmonious and constructive, they are truly expressions of the individual's own Causal Body through the outer self. The demand that all expressions of the Holy Spirit be the same is as ridiculous as a demand on nature that all flowers, trees, vegetables, fruits, etc., be exactly alike. It is the very diversification of expression of God's Nature which makes for the beauty of Heaven. However, many take this phase of the Law as giving them "license" to obey *any* prompting of the outer self. Here should be drawn the line of discretion, discrimination and God-Intelligence!

JESUS:

It was My mission on Earth to externalize the Holy Spirit of My own "I Am" Presence. Thus I was required to keep my emotional, mental, etheric and physical bodies absolutely at peace so that the Holy Christ Self could easily draw from My Causal Body and externalize, as My personal aura, the gifts and powers of perfection which I had developed through the ages. When I had proven Myself capable of so expressing My Divine

Nature, I was given the added opportunity of drawing upon and externalizing the Nature of the World Teacher, Lord Maitreya, as well. There are unascended beings today who can and shall have like opportunity to not only express their own perfected Causal Body through their outer selves but also offer their lifestreams as conductors for Cosmic Beings and Ascended Masters to spread Their radiations through the evolutions dependant upon God help to rise out of present limitation. For each one so desiring to serve thus, I offer My humble assistance. I know The Way, for I have trodden It successfully before you. If you wish My Hand to help you upon your Path—"ask and ye shall receive"!

SAINT GERMAIN:

You must learn to think of your Causal Body, not as just bands of color, but as living, intelligent, God-qualified energies and virtues which await expression through you NOW! It should be of encouragement to you to know that these virtues are already at your command. In the silence of your room, turn your attention to the Holy Christ Self within your hearts and invoke It to magnetize and externalize the gifts of your Causal Body through your outer self NOW! I CHALLENGE YOU TO DO THIS EARNESTLY! It is truly the requirement of this World Hour.

In the Name and by the Power of the victorious Presence of God which "I Am" without limit, I invoke all the powers of the Sacred Fire to purify your outer consciousness and the substance and energy of your four lower bodies. They shall become and remain Grails for the glory of God to flow into and manifest through you NOW! I invoke the Holy Christ Self within your heart to expand the manifold gifts of your own Causal Body to hasten the externalization of the Golden Age of Freedom NOW!

(BELOVED PALLAS ATHENA—*Continued from page* 11)

confirming such an appearance in the feelings, one should see (picture) the erring lifestream (or group) strong and perfect. Lies and slander—*these things must go!*

I speak today not only to you in this room, but because through your Presence here I have opportunity to speak through your emotional, mental, and physical bodies to reach

the inner selves of the entire race, for all life is one. The energies which I leave within this room today you will utilize within your very selves this night. They are universal in their positive consciousness. We are hoping that there will be at least *one group* among the entire race who will love enough to hold the Conception of Immaculate Perfection one for the other.

Some may question why it is necessary for you to decree tonight to remove such discord from the comparatively pure and clean continent of Australia. That is a good question. However, remember that that landed surface in the Pacific Ocean was once a part of that great Lemurian Continent where first the shadows came upon this Earth. *There,* lies, slander and untruths first began to weave their veil of maya around the blessed souls of men. Then, too, you have there all the resentments and rebellions of those political prisoners from the British Isles who have been exiled there. Now, I say to you, in the Name of the God Who made Me and does sustain Me, individuals who continue to deliberately express and direct imperfection one toward the other must find their place in some later regiments. They cannot remain in the vanguard of Saint Germain's New Activity. Those who love Truth will endeavor (at least) to see everyone a God or Goddess of Light and every child a magnificent potential Master of Perfection. *These are My children! These are My friends!* Good morning.

MONTHLY LETTER TO TRANSMISSION FLAME CLASSES

BELOVED SEEKERS AFTER TRUTH: September 15, 1956

God, the "I Am" Presence which beats your dear hearts, *is Truth!* Loose that Truth consciously into your outer minds and worlds through application. This month visualize a concentrated Ray of Truth from the Temple at Crete, directed by one of the Ascended Brothers or Sisters there, into your Sanctuaries, homes, minds, bodies, worlds and affairs. See what magnetization of this Cosmic Truth can and will do for you!

As the glorious Archangel Raphael is dedicated, specifically, to the consecration of the energies of any individual to a

specific service to bless the race, I strongly recommend that you *daily* ask Lord Raphael to consecrate your emotional, mental, etheric and physical bodies to the services of the Master Saint Germain. Thus you will find service a joy rather than a duty!

We enter the Temple of Truth on September 15th this year, bringing all Our full, gathered momentum of Truth to add to the already established focus there. Utilize it! Draw on it! Make it your own!

Love and blessings,

MAHA CHOHAN

The Statement for the Transmission Flame Class of September 15, 1956, is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	th' freedom	and victory	of Cosmic	Truth	from Beloved	Hilarion
"I AM"	absorbing	"	"	"	"	"	"
"I AM"	expanding	"	"	"	"	"	"
"I AM"	projecting	"	"	"	"	"	"

Hierarch: Beloved Hilarion; Color: Chinese Green; Keynote: Melody of "Onward Christian Soldiers."

GROUP INSTRUCTION FOR TRANSMISSION CLASSES

September 15, 1956

VERY DEAR FLAMES OF TRUTH:

God bless you! Do you know that *that is exactly what you are?* You are a Flame of Truth—a White Fire Being, in reality —created by your Father-Mother God in dazzling beauty and almighty perfection of every description; possessed of all the attributes of those God-parents and endowed with Their Own gift to you of free-will. This latter gift enables you to make of yourself and your world *all* that *you* want it to be! Do you really know what you want yourself and your world to be? You did once—long, long ago before you took your first embodiment on this dear planet Earth (or on whatever other planet you began your physical existence). You then designed for yourself a beautiful Divine Plan of Truth's perfection which you earnestly desired and determined to manifest and outpicture on the planet of your choice. You may say—"Well, if that is so, it must have been a *very* long time ago for I remember nothing about it today". Perhaps that is so—because mankind in general have almost completely forgotten the reason for their being (their Divine Plan) and now, through the divinely constant love and patience of the Ascended Masters (the Elder Brothers of humanity) the knowledge of your *true* reality is

being brought to your attention again, so that we may use that gift of free-will to consciously "Arise and go unto the Father". There, in the arms of that Heavenly Father, which arms are *waiting* to receive us, we may have complete forgiveness and forgetfulness of every wrong and injustice, either done *to* us or *by* us to some other part of life. Then, placing our feet stedfastly upon the Paths of Truth and Light, we can walk forward in that light, not only finding our own way Home but blazing a path through the maze of human shadows for all to follow who wish to come that way.

The great Shakespeare (now our Beloved Ascended Master Saint Germain) has said: "To thine own self be *true* and it must follow, as the night the day, thou canst not then be false to any man!' It is to this reality and Truth of Our being that we would point your attention today—that extremely beautiful, young, strong and vibrant Being which you really are—this Being Who stands and waits and waits for what? *For your attention* to go to It and then for that attention to *accept* Its Presence and return to It more and more often until It has an opportunity to absorb you into Itself and set you free forever from every distress—from all that God never intended to be. This Truth of your Being (a tiny White Fire Image of your original perfection) lives right within your own beating heart. It will never intrude Its gifts upon you but whenever It is given an opportunity—when the outer self is quiet and harmonious—it speaks to the outer self in the "still, small voice", sometimes giving comfort, sometimes warning, or whatever the need of the individual may be. Wise is the one who heeds this Inner prompting all ways—for that one shall then become The Truth which sets all free. Beloved Master Jesus said that all should know the Truth one day and that Truth would set all free. His words were and are eternal and immortal and are just as true today as they were when He spoke them. They are just as powerful and efficacious too and, as He also said: "Let him who hath ears to hear—*hear!*" "If ye *know* these things, *happy* are ye if ye *do* them!"

Do you want peace? The whole world does—individually and collectively. It seems quite difficult to find a wholly peaceful individual—peaceful *all the time*—regardless of any human appearance. Well, the recipe for experiencing perfect peace is found in the New Testament our blessed Bible when Paul

the Apostle (now the Beloved Hilarion, Chohan of the Fifth Ray) writes to one of the churches He founded: "Therefore, beloved brethren, whatsoever things are good; whatsoever things are pure; whatsoever things are *true* . . . think on these things and the God of Peace shall be with you". Let's try it! It costs nothing in a monetary way and as long as anyone has attention to give, they can give it to the Flame of God's Truth—the Flame of the Truth of their very own Being within their physical hearts and, getting acquainted with that Being by daily, rhythmic grateful love for Its Presence in the Universe thus invite it to fill our worlds *with all God wants us to have*—visible and tangible in our hands and use *today!* Using those gifts to bless all the life we contact, as well as our own, we shall fulfill *our own reason for being* much more quickly and be eternally free. This is doing the things that Jesus did—and His Way of Life set Him free. It will do the same for all who follow Him.

Truthfully all ways—your Friend of Light—

"I AM" FRANCES K. EKEY

SUGGESTED DECREE

Beloved Mighty Victorious Presence of God "I AM" in me, (right within my beating heart) Beloved Glorious Mother of Truth to this System (Beloved Vesta), Beloved Pallas Athena, Beloved Hilarion and All Who serve Truth in the Ascended Realms of Cosmic Light! I love You. I bless and thank You sincerely for all Your patient loving service to this Earth and Her evolutions and for sustaining at least a remnant of the memory of that perfect Truth from whence we all came and to which we shall all return one day. Make and keep me strong enough to be the Truth through my own being and to see, hear and *feel* that Truth in others. Help me to know and believe only that which is *true* and make and keep me Divinely just with myself and others as I walk the paths of Earth. Let your light of Truth blaze a mighty searchlight before me, illumining my way and the way of all I contact—let that light draw me on and on until I reach my goal—the Ascension in the light of all Truth—forever free! I consciously accept this done RIGHT NOW with full power, eternally sustained all-powerfully active and ever expanding.

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

BELOVED MASTER—What exactly is the Causal Body?

BLESSED CHELA—The Causal Body is the force-field (aura) created around the individual's "I Am" Presence.

BELOVED MASTER—How is this Causal Body created?

BLESSED CHELA—When the individual "I Am" Presence is projected from Its God Parents, an individualized focus of the Immortal Victorious Three-fold Flame of God is created. This Individualized Focus has the potential powers of the God-Parents, i.e. It can think, feel, create from primal life that which It desires through the use of free-will. The attention of the "I Am" Presence thus created magnetizes primal life from Its Source and directs this primal life into some type of constructive activity. The result of such direction (acting on the Law of the Circle) returns to Its Creator and Director and becomes a qualified radiation and virtue around the "I Am" Presence.

BELOVED MASTER—Are all Causal Bodies alike?

BLESSED CHELA—No! Each individual "I Am" Presence uses the prerogative of free-will and engages in different experimentations with the use of life in the Seven Inner Spheres. The size of the various color bands which form the Causal Body is determined by whatever type of endeavor has taken the most energy, attention, time, application and service of the individual "I Am" Presence. The largest band of color (representing one of the virtues of God) determines to which Ray the individual "I Am" Presence belongs.

BELOVED MASTER—After physical embodiment has taken place, can the personality then created contribute to this Causal Body?

BLESSED CHELA—Yes. All endeavor, secular and spiritual, involves the use of energy. This energy, qualified by some specific constructive endeavor, rises and becomes a part of the Causal Body of the individual—even when he is out of physical embodiment, or sojourning at inner levels between embodiments.

BELOVED MASTER—Of what use is this Causal Body at Cosmic Levels?

BLESSED CHELA—As It forms a battery of energy around the "I Am" Presence of each lifestream which energy is already qualified and charged with perfection, the Causal Body can be and is used by the Presence as a momentum upon which that Presence draws to direct and focus Its Rays at Cosmic, Ascended Master and Angelic Realms, thus helping in the activity of Cosmic Creation. The more energy qualified constructively, the larger the Causal Body of the "I Am" Presence and thus the greater pressure of radiation is created which forms the drive behind the Rays sent forth by that Presence.

BELOVED MASTER—Of what use is this Causal Body in the physical appearance world?

BLESSED CHELA—The momentums of faith, wisdom, love, purity, concentration, ministration or invocation in the individual's Causal Body qualify the unascended being to serve in the progress of the race along some specific line. The release of the full, gathered momentum of the Causal Body *through* the physical, etheric, mental and emotional bodies of the unascended lifestream is the purpose for the service of the Maha Chohan particularly.

BELOVED MASTER—How can unascended individuals release the good of their Causal Bodies for practical use?

BLESSED CHELA—First, by cognizing the fact that these momentums are already gathered around his own "I Am" Presence:

Second, by desiring to purify the four lower bodies so that the "I Am" Presence can and will release the gifts and powers of the individual's Causal Body through the Christ Flame within the heart:

Third, by actually cooperating in such purification by the use of the violet fire of transmutation and the kind services of Astrea, Lord Michael, the Elohim of Purity and All Who are concerned with purification of the outer self:

Fourth, standing alone in the privacy of one's own room and raising the arms to form a cup of the upper part of the body, dynamically "charge" all the good of the Causal Body into the physical, etheric, mental and emotional bodies for the use of the outer self, to give greater blessing to all the life he contacts. The activity of "doing something" with the upraised hands, gives confidence to the outer self when dealing with so called "invisible powers". Quickly bringing the hands down, allowing them to be conductors of the gifts of the Causal Body, in, through and around the individual, gives this sense of confidence.

BELOVED MASTER—How can the individual know what particular momentums are gathered in his own Causal Body?

BLESSED CHELA—This is not necessary. As the individual truly begins to invoke the full, gathered Cosmic momentums of his own Causal Body through his lower vehicles, he will gain the *feeling* of the positive energy from within that glorious storehouse of all good. The intellect here does not need to cooperate. In fact, pre-determined intellectual knowledge is rather a detriment to this application. Just know It is there. Reach up and charge It into, through and around you and the result will speak for itself.

BELOVED MASTER—What does the Causal Body look like?

BLESSED CHELA—It is formed of seven concentric bands of color around the individual "I Am" Presence. It is (as I have said before) the spiritual aura of the "I Am" Presence.

BELOVED MASTER—Is there any other service this Causal Body can render besides helping the "I Am" Presence to cooperate in the activities of creation at Cosmic Levels and expressing Itself through the outer personality?

BLESSED CHELA—Yes, when only 51 percent of the energy of the entire lifestream is qualified with perfection and anchored within the Causal Body, It acts as a magnet assisting the individual to Ascend. Thus it becomes the "Cause" of the ascension, from whence comes Its name—the Causal Body.

Fraternally Yours

DEAR EDITOR: God bless you and thank you so very much for the "Bridge to Freedom" and all the joy, illumination and constant blessings that little magazine brings. The beloved Mary book is wonderful.—E. M., El Paso, Texas.

EDITOR: It is so very gratifying to know that Our endeavors to assist mankind by the giving of Our light, love and wisdom are not only appreciated but utilized by those to whom they